

# The Spiritual Transformation of the UAP Contact Experienter: An Analysis of the FREE Research Data <sup>1</sup>

Rev. Michael Carter, MDiv

*“Strange things are going on in ufology. They are fascinating partly because of their theological implications, and partly because of the peculiar reaction of scientists...The scientist has scaled the mountains of ignorance; he is about to conquer the highest peak; as he pulls himself over the final rock, he is greeted by a band of theologians who have been sitting there for centuries.”*

Dr. Robert Jastrow (God and The Astronomers)

## Introduction

The purpose of this chapter is to discuss the spiritual transformation of individuals that have had UAP related contact experiences with Non-Human Intelligence (NHI) from the data of the FREE Experienter Research Study as published in the book *Beyond UFOs: The Science of Consciousness and Contact with Non-Human Intelligence*. (Hernandez, Schild, Klimo, eds. 2018).

The FREE study asked the following question in their Phase 2 survey: “**Since I first became interested in my UFO experience my concern with spiritual matters has...**” The options were 1) Strong Increased; 2) Increased Somewhat; 3) Had Not Changed; 4) Decreased Somewhat; 5) Strongly Decreased”. The FREE data revealed that 60% of these individuals stated that their concern with spiritual matters “Strongly Increased” and an additional 23% stated that it “Increased Somewhat.” Thus, 83% of the respondents indicated that their concern with “Spiritual Matters” actually increased. What might explain for such a large percentage of individuals having this increase? In particular, what might explain the fact that 60% of these respondents stated that their spiritual interest had “Strongly Increased”?

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It is important to first discuss the topics of what is “spirituality” and what is a “spiritual transformation”. After this basic foundation is established, I will present several cases studies of participants from the FREE research study that detailed their contact experiences and the evolution of their spiritual transformation. We hope that these case studies might reveal some reasons to explain this spiritual transformation.

Before beginning to explain the spiritual transformation of the contact “experiencer”, I am going to need to define the terms that we will be using. All words, despite all intended precision, do have their own inherent limitations in describing the phenomenon that they are meant to describe. Please remember that words can sometimes get in the way of a proper description, but words are all we presently have.

Take for example, the word *love*. There may be as many definitions for the word *love* as there are people to define it. *Love* is just one of those words that in many ways may be beyond definition. The same may be said for the word *spiritual*. I am defining the word *spiritual* as a way to describe the individual who has been, or is in the process of, cultivating his or her inner life. In other words, I am describing an individual who is navigating and excavating their personal sense of inherent worth and dignity and attempting to live that out in their day-to-day existence. This, to my mind, is a “spiritual” person. Another way of saying this is that the “spiritual individual” is one who is attempting to peel the proverbial onion in order to discover who they really are. Such an individual is placed in juxtaposition to and in direct contrast with that which a particular culture or society tells them they are or should be. Becoming “spiritual” is one’s own cultivation of an interior life.

Spirituality is sometimes referred to as the inward journey, the existential journey, the journey without distance. Many people are discovering, perhaps for the very first time, their own individual and unique essence. This discovering, or process of discovering, may include the questioning of who they really are, what they believe and why. It also includes the questioning and analysis of one’s own moral and ethical standards, what it means to love and to be loved in return, as well as what it means to be in relationship with others as well as oneself. Then, and only then, after spiritual discovery begins, can one decide the direction that discovery will take and what this discovery will look like as one travels on his or her particular life path. To put it plainly, one’s journey of self-discovery affects his or her interactions with others and the entire planet.

One’s spiritual journey is not necessarily a religious one, for there are times when religion can be an impediment because of its tendency to reduce all of the mysteries of life into a formula or its focus on creeds and doctrines. Certainly though, religion can play a major part initially in the inner excavation, exploration, and navigation of one’s individual spiritual path. Yet, despite the intrinsic value that a person might find in his or

her own religious experiences, the spiritual journey in many instances may even transcend the religious one.

Much like *love* and *spirituality*, *transformation* is another interesting word with a panoply of subjective meanings. Transformation implies a change of some sort, but in the present context, I am referring to transformative behavioral changes that occur as a consequence of changes in one's perspective of reality. In other words absent an epiphany or metanoia, the *sine qua non*, for transformation, or the "that without which" transformation will not occur, is an individual's sincere need or desire to want to change. This individual and deeply personal decision is crucial because without the intention, authentic transformation cannot occur. Another way of saying this is that you cannot change or transform anyone else, but you can transform yourself, and must be open to the fact that there may be certain circumstances or events that can, will and do trigger this transformation from a present and contained physical reality to experience a higher level of spirituality and existential relevance.

Despite our environment or outward condition, we must inwardly really want to make the change within ourselves. The circumstances that trigger this inner transformation can and often do take place in a variety of ways. The following list is not exhaustive by any means, but certainly these circumstances can trigger or bring about a much needed wake-up call or spiritual transformation in an individual's life:

- A Near Death Experience, sometimes referred to as an NDE.
- The death of a loved one.
- A divorce or the breakup of a long-term relationship.
- One's life-threatening illness or that of a loved one.
- Witnessing an event that is typically labeled as "impossible" by one's dominant culture or the culture he or she is born into because the phenomenon defies the prevailing so-called "societal norms".

Living is always an adventure, for Life in its infinite wisdom appears to know just what slings and arrows of outrageous fortune are needed to get one's attention, to wake us up so to speak. Obviously, events may not need be as dramatic as those set forth above, as human beings can learn from joy as well as pain. Certainly, watching a sunset or sunrise can affect us deeply. Admiring or witnessing a beautiful work of art may also do the trick. Gazing into the eyes of one's can also resonate with one on a very deep level to effect lasting change. A hike in the forest or just spending time in nature on a consistent basis may allow us to connect with that sense of something greater than ourselves. Yet we human beings seem to require something a bit more dramatic before we wake up to the unity, the preciousness and the mystery that is life. The writer is no exception.

*“No problem can be solved from the same level of consciousness that created it.”*  
- Albert Einstein

Albert Einstein was certainly no fool when it came to the nature of reality and the universe or to consciousness. With that being said, the ensuing chapter that follows is about those human individuals who have had contact with NHI and who have acknowledged this contact as a positive and spiritually transformative experience. This is not to deny the experience of those that have stated that their experiences were not positive. Nevertheless, the documented evidence from Chapter 1 and 2 from the book *“Beyond UFOs: The Science of Consciousness and Contact with Non-Human Intelligence”*, documented that in fact the overwhelming number of individuals that have had UFO related contact with NHI have been overwhelmingly positive, not negative, and have been spiritually transformative.

### **The Post Contact Transformation**

It has been said there are actually three sides to any story; yours, mine, and the truth. Here, the truth will be left for you as the reader to decide. What I want to share with you is a brief conversation between the East Indian sage Ramana Maharishi and one of his students. The question posed to Maharishi was how should we treat others? His reply was, “There are no others.” This also appears to be the message being brought to us by many of the members of these Non-Human Intelligences. We are being told that we as human beings fear so much; we as human beings fight too much. We are destroying this beautiful planet of ours. What is required of us appears to be a different way of thinking that will eventually lead to a different way of being. In other words we need a change in consciousness. As a wise rabbi once said, “You do not pour new wine into old wineskins.” (Matthew 9:17) Problems are never solved by the same consciousness that created them in the first place.

The contact stories that will be shared in this chapter are by people who appear to have achieved both a new way of thinking as well as a new way of being in the world. This has occurred despite the fact that for many of us on this planet, the only person who welcomes change is a wet baby. However, as we mature and evolve individually and collectively as a species, we must grow up and learn that one of the Universal Laws of life is the realization that change is eternal and the acceptance that life is about change.

No matter however and in whatever way change occurs, one eventually begins to see beyond the so-called reality of this world, with all of its laws of scarcity, fear, conformity, and illusion. Before the transformational experience, one “sees through a glass darkly.” But then somehow clarity is restored. We move from the illusion of certainty to the certainty of illusion. As Oliver Wendell Holmes reminds us, the mind once stretched by a new idea never returns to its original dimensions. As the scales are removed from our eyes we begin to see anew and we come to see the past as being

viewed with the old optics of separateness and divisiveness. As a result of our transformation, with our new and present vision we can see and acknowledge the Universal Law of Oneness.

When one recognizes that which is encompassed in the Universal Law of Oneness, one realizes the connectedness and interrelationship of all that exists. Nothing is left out. In essence, we are all connected in an interdependent web of life and the realization comes to us that what I do to another, what I do to this beautiful planet and its inhabitants, I do and am doing to myself.

With this new revelation, we ask ourselves how could we have been so blind for so long? Even Ray Charles must have seen this. With this, personal epiphany or “Eureka!”, the “Aha Moment” has arrived. With this moment of realization, we see the necessity of being compassionate to ourselves and with others. We recognize our own sanctity of sorts, and keeping the precious child within each one of us and treasuring it in each other. And as a final consequence, we discover that as we begin to experience our new lives that though aging and getting older is inevitable, maturing is optional. With each and every subsequent life experience, the truth of insightful words of philosopher Arthur Schopenhauer become so much clearer now:

*“All Truth passes through three stages. First it is ridiculed. Second, it is violently opposed. Third, it is accepted as self-evident.”* Arthur Schopenhauer

### **Case # 1: My Personal Transformative Contact Experience**

I want to share briefly my initial contact experience as an adult. As a young child I had many instances of what can be only labeled “high strangeness” but the story that I am about relate to you left no doubt as to what was going on. Previous to my contact experiences I was not very spiritual but I was raised in the African American Baptist tradition. It was December 28, 1989. After returning from a wonderful 10-day trip to Mexico where I and my girlfriend at the time had visited some of the Mayan Pyramids at Tulum and Chichen Itza on the Yucatan Peninsula, it was good to get back to our apartment on the Upper West Side of Manhattan and back to our daily routine.

When we got home that evening, despite the freezing temperatures, I attended a party in the “Hell’s Kitchen” section of Manhattan. I wanted to show off my tan and to talk about the trip a bit and did not plan to stay to terribly long. I just wanted to make an appearance and get back home. When I arrived, I chatted with a few people and I had some finger food and did not have any alcohol as I was already running on fumes and was quite tired. I left the party after about 90 minutes and caught the subway back uptown to get home. It was so nice to be in my warm apartment and in my own bed. My girlfriend and I called it a night around 11:30 pm.

During the early morning hours, (and to this very day I don't know why), for some reason I felt as though I had to get up. I don't recall having to go to the bathroom or anything like that and I just didn't want to get out of my warm bed. I usually sleep on my stomach and there was this persistent feeling that I must open my eyes and get up. Perhaps I felt a presence in the room, but when I rolled over and looked at the foot of my bed, nothing could have prepared me for what I saw. I have never been so frightened in my entire life!

At the foot of the bed was a individual that was chalk white in complexion, no more than 3-4 feet tall, with a spindly body dressed in a tight fitting jump suit that looked like aluminum foil. It was made of an extremely silvery and shiny material. His (at least I thought the individual was male but didn't know for sure) head was huge and his eyes were a deep black and really quite large and appeared to wrap around his head. There was a cobalt blue light around him and surrounding that light was an extremely bright white light as well, as if it was a part of his aura or energy field, and he just stared at me. I stared back but felt as if my heart was going to jump out of my chest. At that moment I did what any self-respecting male would do-- I pulled the covers over my head and hoped he would just go away!

My girlfriend either would not or could not wake up and I was terrified. Suddenly, there was a whooshing sound in my ears as if I were engulfed in a windstorm. Suddenly, the temperature changed drastically and I felt as if I had left the room and was outside. I was freezing. Now I must mention that at the time I lived on the 15th floor of a residential hotel on the Upper West Side of Manhattan, in the city that literally never sleeps. Just as suddenly the sound of wind had stopped and I was warm again. I summoned the courage to pull the covers down from over my head to see where I was and more importantly to see where *he* was, and there was simply complete silence. An eerie quiet was all that remained and my girlfriend had not even stirred! I attempted to wake her but she wouldn't (or couldn't) wake up. I checked to see that she was still breathing, and thank goodness she was, but she would not wake up. Eventually she did and we spoke about what happened. These visits continued for 8 months or so on every full and new moon. Eventually I attended a support group called S.P.A.C.E (Search Project for Aspects of Close Encounters).

The group S.P.A.C.E was created and facilitated by Mr. Harold Walter Egel in March of 1992. Mr. Egel is also an Experiencer. Within weeks after the first incident, I was hypnotically regressed by the late Jean Mundy. A few years after that it was the late Budd Hopkins who regressed me as well. I credit both in helping me to come to grips with what was happening to me. It took me nearly 20 years to learn to sleep with the lights out again and during that time there had been visits from Reptilians, Nordic Star People, and of course the people who appeared to be of the Zeta Race but white colored instead of gray.

During the initial phase of the visits by these “Grays” was when my spiritual education and transformation began. I was shown my past lives and what they were doing to me at the time energetically. I was encouraged to pray and to study energy healing. I was shown this telepathically. There were also times when several years would go by between my face-to-face contacts but despite the initial terror I experienced during these contacts, I would long to see them again. On July 4th, 2013, at 9:50 pm EST, I had a miraculous medical healing by a tall human looking Non-Human Intelligence dressed in a white monk’s robe. That memorable night, a Nordic looking being healed a blood clot in my right leg by shooting an apple green beam out of his right hand into my stomach area. At the time I was taking Coumadin and injecting myself in the stomach with a drug called Enoxaparin to thin the blood so the clot would not burst in my lungs, but after the contact that night the clot was gone. No, I did not tell the doctor what had happened and he was quite curious as to how quickly the clot dissolved. This experience was fully documented in Chapter 6 of Beyond UFOs which discusses UAP related Medical Healings by NHI. These are but truncated examples of the numerous experiences I have had with non-human off world intelligences and I must tell you, just like the overwhelming numbers that I would not trade them for anything in the world, despite my fear during the events.

After a while the fear did eventually subside, but we’re talking subsidence after about 20 years or more. Honestly, to this day, I do feel a little fear, however; nothing negative or malicious has happened to me during all of those years of contact but these experiences can be traumatic for anyone. On a deep level, I eventually began to realize that these people, (yes, I see these beings without appreciable differences between them and me), really meant me no harm and that it was my fear of them, my fear of the unknown that was causing all of the harm. Today, just like over 90% of the respondents to the FREE research study, I consider these contacts to be positive experiences that in fact accelerated my spiritual growth by leaps and bounds.

Having said that, a few illustrations may be in order. It is important for me to convey that first of all, my theological perspective shifted tremendously. Now I must say that from the outset, that this new found post contact perspective was initially me just replacing my African American Baptist tradition with an ET overview. It was safe to say at the time that it may have appeared that in my theology the Star People were Christian although I most likely would not have said this at the time... Well, not really Christian, but all that had really changed at the time was that now Jesus was a star person. The rest of my theology at the time remained the same. Now, that is an oversimplification, but I could have argued its postulation at the time. In my mind, the only thing that had really changed was that Jesus was a hybrid but most everything else was the same as far as the tradition went. However, the rabbit whole went much deeper than that and I knew that I had to explore even further. This in hindsight appears to be not only that this is what I feel these intelligences wanted me to do, but this is what the journey of Life is all about; asking questions, making decisions, and asking more questions, living one’s beliefs and

principles. Unlike the traditional African American Baptist tradition, I began to view Jesus as one of many great teachers among different faiths whose teachings have influenced humankind, but certainly, he has not been the only one.

The argument that Christ was not an exclusive divine messenger made many people nervous because what I was implying was that Christianity was not as unique as some people of faith proclaimed it to be. In other words, it wasn't that the Christian story of the birth of Jesus and his life had non-human intelligences in the story, but that these elements were most likely a part of all of the stories of the bible. Secondly, if there was in fact a God or a Creator, it was not an anthropomorphic being with the same likes and dislikes of ordinary human beings, but perhaps it, or "God" could best be described as an energy, an intelligence, or as a "universal consciousness", "The Force"; call it what you will. I begin to get it that I was, that I am, and that I will always be a vital part of this energy and not separate from it; and most importantly---so is everyone and everything else. Such is the nature of "Unity Consciousness". Upon reading the data from the FREE study, I later realized that once again the majority of the respondents to this study also came to similar conclusions regarding the topic of "Unity Consciousness."

My spiritual journey fully accelerated after my contact experiences. The shift was from the more theologically conservative American Baptist tradition in which I was raised to an insatiable interest in comparative religious studies, especially those studies which focused on the mystical side of the various religious traditions. I am reminded of the old bromide that "When the student is ready, the teacher will come". Yet after my first few contacts with my Visitors, this interest shifted even deeper into meditation and prayer, spiritual metaphysics, reincarnation, spiritual healing, and psychic phenomena. In short, I was delving into what we now call *the study of human consciousness*. I began to really focus on channeling and channeled material, palmistry, tarot and aura readings, as well as affirmative prayer and meditation. My perspective shifted from an intellectual understanding of the connection and oneness of all life on this planet to a much deeper "inner knowing" that resonated with me on a very profound level. I "felt" this connection in my body, mind, and spirit, realizing that what I do to another human being, another sentient or non-sentient being, what I did to the natural world, I was doing both externally and internally to myself. I began to crave and to spend more time in nature and near water. There was an inward journey that I began to undertake and undertook, I am still undertaking to this very day. This self-excavation about who I really am beyond this body and personality is a never-ending and exquisite exploration and adventure, much like those about which our ancient ancestors must have taken and perhaps left to us in the form of their own mythologies and traditions, but I digress.

The "word", to me had become flesh as I moved from an intellectual understanding of "religion" and my life to having to live my life and internal truth on a daily basis. In short, my world view was expanding. The hidden anger that had lurked beneath my behavior and personality that I held in my life both unconsciously and



consciously gradually began to dissipate. I also was needing less and less always to have the answers and to be right about things. I became less controlling. I let go of things that in the past used to bother me. I stopped being upset about things that I realized I had no control.

In short, what I had experienced was nothing short of a type of ego death. As a consequence, my relationships with others became more and more harmonious, especially the relationship with myself. Now to be clear, there was a lot of hard work that had to be done to peel back the layers to begin to see myself with a bit more clarity. During this time, I might add that I had undergone seven years of gestalt therapy as well. Yet somehow, I felt that my learning was accelerated because of my contact experiences. Yes, I still had all of the challenges of living on this planet as a human being but the scales were somehow removed from my eyes, I was not seeing the world with a jaundiced eye but with new vision with a new clarity that created in me a new understanding and deep zest for life. Because of the profound nature of my contact experience, I finally began to understand the nature of transfiguration, of one's being "born again" and my own rebirth into a new and different "gnosis", of understanding, life and light.

Just like so many of the Experiencers in the FREE survey, I also became more loving and forgiving in my outlook and actions. This is not to say that I have become "enlightened" or that I am in some way superior to my fellow human beings. There is no dichotomy or difference as we are all part of one ever-connected and evolving living and life-giving entity. What I am saying is that I began to realize that I am much more powerful and accountable for my life than I had ever begun to imagine. I was beginning to truly evolve spiritually. In a word, I had begun to grow up.

As a result of my transformative experiences, came a profound love and respect for my Visitors, my fellow human beings, and this planet. I began to love my Non-Human Intelligences and to view them as simply my brothers and sisters. I still do and I always will.

### **The Experiences of Others**

*"Do not be conformed to this world, but be transformed by the renewing of your mind." - Romans 12:2*

There are many people who have had contact with Non-Human Intelligences and some have reported them to be mainly negative as reported in the FREE research study data. That fact has to be acknowledged and rightly so. Yet the data, from the more than 3,200 individuals that have taken the FREE surveys from over 100 countries, as discussed in our Chapter 2 and 3 articles, has revealed that the vast majority of these

contact experiencers perceive their contact experiences to be exceedingly positive and highly transformative. Accordingly, this chapter is about those who view their contact experiences as positive in regards to their spiritual growth and spiritual transformation as a result of those contacts with NHI.

From my own personal conversations with other “Experiencers” or “Contactees”, regardless of whether the contact was perceived as “positive” or “negative”, there seemed to be some form of change in worldview. Albert Einstein was once quoted as saying that the most important question we can ask ourselves as human beings is the question “whether we believe the universe is friendly or not.” Einstein felt this question was crucial for the answer would influence the way we not only view our lives, but how we lived our lives as well. For the majority of Contactees I have spoken with, many initially viewed their experiences as negative but later in life the vast majority now view their experiences as mainly positive. The FREE research study data states that initially 38% perceived their experiences to be mainly negative. Many years later, less than 10% view their contact experiences as negative. Somewhere, somehow, there is a transformation that takes place, a transformation of their personality and worldview where they become more spiritual, more loving and kinder to others, more ecologically friendly, and less egotistical, less concerned with the acquisition of material wealth, and less concerned with the fear of death. All of these details were discussed in Chapters 1 and 2 of the book *Beyond UFOs*. What might explain this profound transformation?

In 1994, Dr. Richard Boylan, Ph.D. wrote a truly wonderful book entitled, *Close Extraterrestrial Encounters: Positive Experiences with Mysterious Visitors*. In the book he summarizes the perspectives of people who have had contact experiences. When doing his own research for his book, Dr. Boylan comes to the following conclusion:

*“After their experiences one group sees the Star People as a threat and they felt a great deal of powerlessness during and after the experience. In other words they suffered from severe trauma. The other group displayed the following characteristics:*

- *Curiosity about Star People*
- *Fascination with Star People contact*
- *Broadened Cosmic Perspective*
- *Global humanitarian concern*
- *Earth Ecology focus*
- *Friendly feelings towards Star People*
- *Tolerance for sharing the earth*
- *Decreased materialistic focus.”*

Pulitzer Prize winning author, Dr. John E. Mack, a Professor of Psychiatry at the Harvard University School of Medicine, also came to similar conclusions in his research into human transformation and Non-Human Intelligences encounters in his book,

***Abduction: Human Encounters with Aliens.*** Mack writes that the experience of “abduction” can lead one to personal growth and transformation. He lists the following as the results of contact:

- “Pushing through” occurs, i.e. fully experiencing the terror and rage associated with the helplessness and intrusive instrumentation (used by these beings”). When this takes place acknowledging and acceptance of the reality of the beings becomes possible and a more reciprocal relationship follows in which personal growth and learning can take place. From the “ego death” follows other levels of transformation.
- The “aliens” (Mack’s term) are recognized as intermediaries or intermediate entities between the fully embodied state of human beings and the primal source of creation or God (in a sense of a cosmic consciousness, rather than a personified being). In this regard abductees (Mack’s term) sometimes liken the alien beings to angels, or other “light beings” (including the “grays”).
- The abductees (Mack’s term) may actually experience themselves as returning to their cosmic source or “Home”, an inexpressible beautiful realm beyond, or not in, space/time as we know it.
- Past lives are experienced during the sessions with strong emotion appropriate to what is being remembered.
- Past life experiences provide abductees with a different perspective about time and the nature of human identity...Cycles of birth and death over long stretches of time can thus be lived, providing a different, less ego derived sense of continuity of life and the smallness of an individual lifetime from a cosmic perspective. Consciousness is experienced as not coterminous with the body; the notion of a soul with an existence separate from the body becomes relevant.
- Once the separateness of consciousness from the body is grasped, other kinds of “transpersonal” experiences become possible; identification of consciousness with virtually endless beings and entities through space/time and beyond often occurs.
- A distinct but important aspect of this kind of transpersonal experience is an abductee’s sense of possessing a double human/alien identity.
- The reliving of abduction experiences leads abductees to open to other realities beyond space/time, realms that are variously described as beyond the “veil” or some other barrier which has kept them in a box or in a consciousness limited to the physical. When asked about these experiences abductees have trouble finding the words to describe what has occurred and speak of the “collapse” of space/time,

of the non-relevance of the notions of space and time, and being in multiple times and places at the same moment. The result of all of these experiences are emotions of awe, respect for the mystery of nature, and a heightened sense of the sacredness of the natural world are along with a sadness about the apparent hopelessness of Earth's environmental crisis.

Interestingly enough, the FREE Research Data reached very similar conclusions to those of Dr. John Mack and Dr. Richard Boylan. The psychological profile changes, as detailed in Chapter 1 of the *Beyond UFOs* book, revealed that after the individual's contact experiences the following changes “STRONGLY INCREASED”:

- My concern with spiritual matters
- My desire to help others
- My compassion for others increased
- My appreciation of the ordinary things in life
- My ability to love others
- My sensitivity to the sufferings of others
- My insight into the problems of others
- My desire to achieve a higher consciousness
- My concern with the welfare of the planet
- My appreciation of nature
- My understanding of what life is about
- My concern with ecological matters
- My conviction that there is life after death

The psychological profile changes, as detailed in Chapter 1 of this book, also revealed that after the individual's contact experiences the following changes “STRONGLY DECREASED”:

- My interest in organized religion
- My fear of death
- My concern with the material things of life
- My competitive tendencies
- My interest in achieving material success, becoming wealthy

The FREE data also revealed spiritual messages received from NHI:

- 53% of respondents stated that “The ETs provided you with a spiritual message”
- 31% stated that “The ETs gave you a message about God or a Creator
- 28% stated that the ETs communicated to them information concerning life after physical death
- 26% stated that the ETs gave them a message of Reincarnation

- 25% were told by Non-Human Intelligences that they at one time were a Non-Human Intelligence “Being”.
- 19% stated that the ETs gave them information about the death process, about life after death, or the spirit world

The FREE data also discussed the current spiritual beliefs of the Contact Experiencers:

- 97% believe that “Non-Human Intelligences can travel to other dimensions.”
- 91% believe that “there is some sort of grand plan in motion of which Experiencers are all a Part of”
- 83% believe that “there is a connection between Non-Human Intelligences and the so called “Spirit World.”
- 82% believe that “Non-Human Intelligences can travel to the past and the future.”
- 81% believe that “No matter what your religious belief is, there is Life After Death.”
- 79% believe that “We are already in or at least on the verge of a New Age and that the ETs have a role in this.”
- 78% believe that “the changes I have undergone since becoming interested in UFO experiences are part of an evolutionary unfolding of humanity.”
- 76% believe that “there is a connection between Non-Human Intelligences and Reincarnation.”
- 74% believe that “Evolutionary forces are already at work which will transform humanity at large into a more self-aware, spiritually sensitive species and that the ETs have a role in this.”
- 73% believe that “We are now living through a time of greatly accelerated spiritual evolution.”
- 72% believe that “my UFO experiences occurred so as to awaken me to the existence of larger cosmic forces which are affecting our lives and that the ETs have a role in this.
- 69% believe that “my UFO experiences were "arranged" or "designed" by a higher intelligence and that the ETs have a role in this.”
- 66% believe that “I am a more spiritual person now than I was before my interest in UFO experiences.”
- 38% believe that Non-Human Intelligences are actually “Modern Angels.”

As you may have already gathered, much if not all of the above information may seem a bit too occult for many mainline religious denominations here in the West. The same also may be said about our human scientist who believes solely in our material reality and that that if you cannot replicate something in a laboratory then it is not a scientific proof. Perhaps what is needed is a fusion of both science and religion or spirituality, something that appears many non-human intelligent civilizations have come to grips with eons ago. It seems that Albert Einstein was correct when he said that ***“Science without religion is lame, and that religion without science is blind”***.

## **The Spiritual Transformation of selected FREE Respondents**

We are going to now learn about the stories of people who have had contact with non human or off-world intelligences and the spiritual transformation they underwent as a result of this contact. All of these case studies were derived from responses to Phase 3 of the FREE Experiencer Research Study. I was able to secure permission from a few of the participants to this survey and asked permission to interview them for this article.

### **Case # 1: Reinerio (Rey) Hernandez**

I consider Reinerio (Rey) Hernandez a friend and over the last eight years we have conversed frequently about our mutual experiences. At first, Rey had a difficult time adjusting to his experiences. Initially he was questioning and doubting his experiences. His scientific and academic background prevented him from digesting his contact experiences. Previous to his first contact experience which occurred in March of 2012, Rey was a non-believer in UFOs, in the paranormal and he was also a proud atheist. He did not believe in the afterlife and that we are in fact eternal spiritual beings. For Rey, if you could not see it or prove it, it was not real. Since this initial 2012 contact experience in his living room with his wife, both he, his wife, and his daughter who is now 16 years old, have seen UAPs up close at a distance of less than 30 feet, have had physical contact and communications with various types of NHI. The result, just like almost all “Contact Experiencers”, Rey is now deeply spiritual and believes in what he calls “A Universal Creator”. Let’s try to understand what lead to the spiritual transformation of Mr. Rey Hernandez.

As Rey discussed in the Preface to this book, he was one of the co-founders of the Dr. Edgar Mitchell FREE Foundation. He attended some of the most prestigious academic universities in the US and was a Ph.D. candidate at UC Berkeley where he received a National Science Foundation Ph.D. Fellowship. He now works as an Estate Tax Attorney for the US Dept of Treasury. How could such an individual now be involved in researching Consciousness Studies research, UAPs, the Paranormal and with individuals who have had contact with NHI? To the uninformed, this appears the story of a man who must have had a schizophrenic breakdown that needed psychiatric treatments. Instead, Rey is the totally opposite, a deeply rational, scientific and academic individual who, just like many other UAP contact experiencers, has had a complete transformation of his psychological profile based upon his contact experiences. Let’s examine one of Rey’s experiences which lead him to finally speak with “GOD” for the first time. The following is a document he sent me without any editing:

*Here is another "magical" incident. After my wife and I had the "experience" with that light being in March of 2012, I, the rational materialist atheist who was never exposed to the topic of UFOs before, spent hours upon hours on the internet and reading many books solely on the topic of UFOs. All of this changed after my August 2012 close encounter with the huge football stadium sized UAP which was less than 30 feet away from us and hovered next to my daughter and I for over 45 minutes. After my daughter, myself, and my 3 friends saw that huge craft less than 5 feet hovering on top of my neighbor's house for 45 minutes, I IMMEDIATELY stopped going to the internet. I stopped reading all of the UFO books I had ordered from Amazon. Now here is the "strange" part. That night for the first time I saw a Near Death Experience (NDE) video. That same night I order 20 books on NDEs and Consciousness Studies and over the next 4 months I read hundreds of books and articles on Near Death Experiences (NDEs) and Consciousness Studies. It started with 4 hours per day and increased steadily so by the end of December I was reading these books 12-18 hours per day, 7 days per week. I became a crazy madman.*

*I was reading these hundreds of NDE and Conscious Studies books and articles 12 hours per day, 7 days per week. I work at home and read these books from 4 pm until I feel asleep in bed at 4 am, each and every night for 4 straight months. By the end of December my wife had been pleading with me to go to a psychiatrist because to her I was going crazy. I did not watch TV, did not use the internet, did not care about my wife and daughter, did not do any of my personal work, did not shave and rarely showered. It was 12 hours per day during the week day and 18 hours during the weekends, 7 days per week like a crazy mad man.*

*Then, in late December of 2012, once again, I had yet another "EPIPHANY". Up until that time period, I had never spoken to anyone about the books I was reading nor did I ever discuss with anyone the topics of NDES. My wife is never on the internet, is not interested in any of these topics, and does not want to discuss any of her experiences except to say that they are "her angels". Then one day, 4 months after my contact with this football stadium size craft, my life completely changed once again.*

*For the first time in my life I asked 3 individuals, over 3 consecutive days, Friday/Saturday/Sunday, December 21, 22nd and 23rd, in 2012, whether they knew anything about NDEs. I "hit the lottery" each of those times, each person told me about their NDE over this 3 day period. Before this, I had never known anyone with an NDE. Now, 3 consecutive days in a row, the very first 3 people I ever mentioned NDEs to all had NDEs. What are the statistical probabilities of this happening? One in a billion?*

*On Friday, December 21, 2012, my daughter developed a low grade fever for the second day. My wife always brought her to our pediatrician and for some reason she was not available and I thus brought her to our pediatrician who was originally a native of Colombia. After Dr. Claudia Herrera, our pediatrician, informed me that my daughter did not have a fever and that her ears, nose, and throat were clear, I got a sudden urge to tell this stranger about the topic of NDEs.*

*I asked the Pediatrician in Spanish in a robotic manner, the following question: "Excuse me Dr, have you ever heard of Near Death Experiences? I have just finished reading over 300 books on this topic and I estimate that at least 30 medical doctors have written about this topic and many of these doctors are professors in medical schools. Thus NDS have been scientifically studied and validated and this is something that you need to be aware of." I felt that I could not control what I was saying. Part of me was conscious of what I was saying but the other part of my mind was say "Stop, what are you doing, why are you asking her this question?" I had never had this occur to me before.*

*When I asked her whether she knew about NDEs, her eyeballs popped out. I said to myself at that time, "Why did this come out of my mouth to this perfect stranger-- why did I say this?" I then apologized to her and tole her "Excuse me Doctor, I don't know why I asked that question. I apologize". She immediately asked me "There is no need to apologize... how did you know I had an NDE?" She then told me a story of when she was 10 years old she had a heart attack and was brought clinically dead to a hospital in Colombia. She described her experience, in the presence of me and my then 10 year old daughter, her own NDE experience which involved her floating out of her body (OBE) and floating on top of her dead body. She then described the attending doctor and the nurse. She then described how she floated through two walls and appeared on top of her parents who were having a conversation in the emergency room waiting room. She mentioned the details of this conversation to my daughter and I. She then mentioned how she then floated back through these two walls and was now on top of her body again. She then described how the doctor was trying to resuscitate her and when she awoke she told her parents the story.*

*The very next day, on a Saturday night, at a Saint John Neumann Roman Catholic Church social dinner for "Enriquesimiento Matrimonial", a ministry for Spanish speaking married couples, my wife sat down next to her Mexican friend, and her husband named Max. I had never met Max who was a Radiological Technician at a local hospital in Miami and he is Cuban-American like I am. Out of nowhere, I then asked this total stranger, again in a seemingly robotic voice, whether he has ever heard about NDEs. He became the second person that I spoke to about NDEs and again I "hit the lottery."*



*Again, without even thinking, I blurted out to this perfect stranger: “Excuse me Max, have you ever heard of Near Death Experiences? I have just finished reading over 300 books on this topic and I estimate that at least 30 medical doctors have written about this topic area and many of these doctors are professors in medical schools. Thus NDEs have been scientifically studied and validated and this is something that you need to be aware of?” Similar to Dr. Claudia Herrera, my daughter’s pediatrician, his eyeballs popped out. I thought I was going crazy for asking this question and I apologized to Max. He shocked me with his response. He told me that about one year ago his mother died in his arms in his house. He also stated that he confirmed that his mother was clinically dead until she was resuscitated. He gave emergency CPR and called the ambulance. Two fire dept technicians came and brought her via ambulance to the local hospital. Once she recovered she told him about her NDE story. First, she floated above her dead body (OBE) and heard and saw everything that her son was doing to her body. She stated that she saw him crying and was giving her mouth-to-mouth resuscitation. She saw the two ambulance personnel and described them in detail. She then told her son that these two paramedics then placed her in an ambulance.*

*What are the statistical probabilities of having the first 3 people in my life I mention NDEs to, for 3 days in a row, and all 3 informing me that they have had NDEs? Would you state that the probabilities are like winning the lottery 3 days in a row?*

*The very next day, on a Sunday, I went to visit my parents, who were both in their mid 80s. My father, who has since passed away, was very ill and bed-ridden most of the time. After getting him dressed and assisting him to the porch, I told my parents about my discussions with Claudia, the pediatrician, and Max, the radiological technician. I especially wanted to inform my father because I always thought he was the world’s biggest atheist.*

*After I told both of them the NDE stories I heard over the last 2 days, to my surprise, my father said that he had one as well. He told me that 15 years ago, when he had his quadruple heart by-pass surgery, he floated out of his body (OBE) above his body in the operation room and saw his body on the operation table and various doctors and nurses surrounding him. He saw and heard everything.*

*He started to tell me the classic NDE story. He first told me that he was floating above his body, he saw his chest open and many doctors and nurses surrounding his body. He then told me how he felt he was sucked up into a dark tunnel and how he traveled at high speed through this tunnel until he saw a light growing larger and larger. Finally, he entered a universe of pure light. He told me when he arrived he saw his previously deceased mother, father, and brother in spirit form and all three looked in their early*

30s. They embraced and they then presented him to this human looking entity that was radiant and illuminated. He could not identify his face because of the immense light but he identified this being as GOD. GOD told him about the good and bad he had done in his life by actually reliving all of these experiences again, both inside his body and the body of the person that he had affected. My father was given, what is commonly called in an NDE Life Review. He got to relive the major experiences of his life. He then told me that he saw these events both "from his consciousness and the consciousness of the other person he had affected". He told me that he was up in "Heaven" for at least 20 to 30 years because that was how long it took GOD to show him these events. He told me that in Heaven "Time Does Not Exist". He also told me that GOD is about pure love and there is no such thing as hell. GOD then told him he needed to return.

I asked him if he remembered any other details of his conversation with GOD. He said "How could I remember these details... this was 15 years ago." I then turned to my mother and told her that she had never told me this story. She said that they discussed it only one time and that was in the recovery room when my father came out from surgery and he then was hysterical about trying to tell her this story. She told him to go back to sleep because it was just a dream and to not get too excited.

***That Sunday night, while driving home and looking up at the stars, I looked up to the night sky and for the first time I spoke with GOD. I said to both GOD and these "ETs", who I consider "Modern Angels", "I congratulate you-- you have managed to completely transform a total atheist into someone who does not believe, but actually KNOWS, that God exists, that we are eternal spiritual beings, that there is a spirit world and life after death, and I have this belief more than any Catholic priest in Miami." I still believe this to this day.***

## **Case # 2: Alberto Fernandez**

Alberto Fernandez is a retired Drug Enforcement Agency (DEA) agent and was at one time a diplomatic attaché in Latin America. His wife, Rebeca, is a Ph.D. psychologist. Both are in their early 70's year of age but both are quite active and healthy. One of their children is also a Ph.D. psychologist. Just like Rey Hernandez, Alberto, his wife and their daughter have both seen UFOs and have had contact with NHI. I was introduced to Alberto via Rey Hernandez, who told me that "Alberto has had the most extensive and profound contact experience that he has identified, even from the thousands that have taken the FREE surveys, but yet no one knows about Alberto's and Rebeca's experiences because they have not spoken publicly about their experiences." Because both Alberto and Rebeca are close friends of Rey and his wife, Alberto has decided to go public with his extensive contact experiences. In this document I will be presenting only a small fraction of his experiences, at least the one's involving his early history and spiritual transformation. Alberto deserves an entire 600-page book to

properly discuss his and his family's experiences. The following is a brief summary of Alberto's experiences and how these experiences brought him "Spirituality".

Alberto was born in 1945 in the city of Santiago a major city in Southeast Cuba. His mother died at birth and Alberto was raised by his aunt and godmother in a rural area outside of Santiago. His adopted family was not religious and never attended any Church. All throughout his childhood and adulthood until he began to have contact, Alberto was not religious and not spiritual. As we will see, he had several paranormal experiences during his youth but he never associated these experiences with religion or any spiritual issues.

When Alberto was a very young boy, he had this experience:

*"I saw a man filled with light in a white robe sitting on my bed and tenderly patting my head while he was watching me play. I did not know this man at all. Years later, I saw a painting of Jesus and I felt a deep connection with him. One evening when I was 6 years old, I was in my bedroom by myself when suddenly the lights went off. It was pitch black. Suddenly a bright light appeared in front of me out of nowhere. This light had an ignited heart within it. The light was hovering approximately a foot from my chest. This ignited, read heart slowly got closer and closer to my chest, when it entered my chest I started to convulse. Sometime later, I saw a drawing of Jedus depicting the ignition inside of the sacred heart of Jesus Christ. This intense image gave me a "d  j   vu of the experience I had as a child."*

This experience, however, did not bring any increased spirituality or brought him any closer to Christianity to Alberto. During his youth he never went to Church and never read the bible. He would shrug this and many other experiences as just "crazy unexplainable experiences" that we have in our life. Alberto also had a conscious vivid experience which can be described as a past life or being transported back in time to a very real event. The following is his story:

*"With regards to Jesus, I forgot to mention several other vivid personal experiences. As a child, I remembered suddenly being transported to the past. I was not dreaming, but very awake. I witness Jesus standing on a big rock teaching to a large group of people. I could see him on my right side as I felt part of this crowd. Days later, while watching historical events of Jesus on the Discovery Channel, I revised my visions when they recreated Jesus preaching the Sermon on the Mount. I said to myself "I was there with him". On another occasion, when I was visiting a friend, suddenly I saw a black dot appearing in space. To my surprise, the dot turned into the face of Jesus with his crown of thorns. He was observing me with deep brownish eyes. I was able to observe in detail all his facial features, even his pores. His skin was olive, his beard was uneven and his nose was broken at its bridge. The face suddenly disappeared after a while; I was in*

*such a state of shock after this experience, that I couldn't speak for two days. That face, those eyes and that look are still in my mind always. Another day, while relaxing in my chair, I was able to see the image of a long cave, and a voice told me, "This is how Jesus was born." I saw the moment of his birth. From within the cave, a bright flashing light illuminated the entire cave! It was so impressive."*

Like approximately 37% of the thousands that responded to the FREE survey, Alberto also had a profound and truly unbelievable Near-Death Experience. When Alberto was 14 years old, he was living in Cuba's capital, La Havana. He was swimming at a family beach resort on the northeast coast of Havana and was playing on a peer by himself. He then decided to jump off the peer into open ocean. Alberto then states:

*"Suddenly, I realized I was caught in a strong, rip current. I didn't know how to avoid it or how to swim to shore. I tried fighting it, for a long time, until I became very tired and had no more strength and I just gave up. I was drowning and I could see myself going down under the water. I saw flashes of my entire life pass through my mind. I then said "Mother! God! Help me!" Suddenly, almost in a flash, I felt a tremendous force, like an immense energy, that pulled me out of the depths of the ocean and then carried me in the air over the peer and gently dropped me across the street on the side of the peer. I was still dripping wet but I did not have a scratch! It is not logical but I did not contemplate what had just occurred to me. I was in a state of shock. I then stood up immediately and walked home. I did not tell anyone about this incident. I even thought I kind of forgot about it until many years later."*

All of these childhood experiences, even those involving Christian symbolism and Christian experiences had little effect on Alberto's belief in God or a religion. His family never went to church, Alberto never read the Bible, and did not have an ounce of spirituality in his bones. Alberto did not have any "paranormal" experiences until he was a Miami Metro-Dade police officer in the city of Miami, Florida. In 1973, while arriving home after a late-night shift, Alberto saw a UAP craft hovering about his house that was shaped like a "hamburger" with a bright blue light. He stated that it descended down like a leaf falling to the ground. Alberto stated that *"it rotated counter clockwise with a red light on the top. A yellow light shined from inside the windows. A blue light had beamed down to the floor. It was flying right above the roof of my house. I ran side to call my wife at the time and the sound of the craft also woke up my next-door neighbor."* Both his wife and several of his neighbors saw the UAP craft. Alberto stated that he felt like his brain was "flipped outside down and inside out". He later realized that he had several hours of missing time that night.

Immediately after this 1973 event, from 1973 to 1987, Alberto began to have 14 years of extremely frightening events. Just like the overwhelming number of UAP related contact experiencers, after a 1987 event Alberto's experiences became extremely positive which continue to this date. The following details the events from 1973 to 1987 and the important event in 1987 which lead to thousands of paranormal contact experiences and UAP sightings.

*“From 1973 up to 1987, something strange started happening to me. I would wake up in the middle of the night sensing the presence of an entity in my bedroom. This energy would start paralyzing me from my feet to my head. This unknown energy possessed my body and my mind. I had no control over it. I was in terror every night because I couldn't scream. In 1987, these occurrences were explained to me through an encounter of a third kind with a grey, female, alien being years later. After serving years as a police officer, I went back to school to become a DEA agent and in 1984 I was assigned as a US diplomat to the US embassy in the Dominican Republic as second in command in the DEA office. While on duty I got injured and returned to Miami (By this time I had already remarried and had my youngest daughter). We stayed temporarily at the Penthouse Sofitel Hotel in Miami. The room was big with two big, super strong tempered glass windows facing the southwest. One evening (approximately 11 pm) the fire alarm of the hotel went off. At first, many hotel guests came out of their rooms. The management explained it was a false alarm, when we returned to our room my beeper started to shake and randomly vibrate; the electricity flickered on and off and the super thick, glass windows started to shake intensely like if they were made out of plastic. This all happened while I was lying on the bed wide awake with my wife (My 1-year-old infant daughter slept quietly in the crib while all this was happening). Suddenly, an unknown creature appeared floating in front of my bed. (My wife was apparently hypnotized and fell asleep suddenly without witnessing my encounter. What I witnessed was a solid, 3 dimensional, grey, dolphin skinned creature approximately three feet tall with a big head, no hair, huge black eyes,( no pupils, no sclera), black tiny nose and mouth, no ears, a long neck, long skinny arms to her side, long hands and fingers and nails. Her facial expression was flat, without emotions. I was not scared but calm. This unknown creature talked to me telepathically telling me it was a female. She proceeded to explain that they have been collecting semen from me for years in order to help them in the procreation of their dying race and confirmed that my helping the mission was completed for them. (In fact, she kept her promise and I was never bothered again.) I have no recollection of what happened afterward but years later, I was informed that I had consented to these procedures in a previous lifetime. I remember the next morning feeling still in shock. I had no idea what had happened to me. I felt very strange. I suddenly noticed I could see the aura of everyone around me. The following day, I walked into a bookstore and saw the book "Communion" by Whitley Streiber (The creature on the book cover was*

*similar to the one I saw the night before). I purchased the book and read it avidly to find answers to what was happening to me.*

Almost immediately after this event, Alberto and Rebecca were put in contact with a Miami group filled with paranormal contact experiencers, called “Contacto 12”. Then in 1987 Alberto and Rebeca were invited to Lima Peru to meet Sixto Paz-Wells and his contact group "RAMA". Alberto and Rebeca have gone to numerous RAMA sessions throughout the world and have had many profound experiences. The following is Alberto’s account of just one of these many experiences.

*“In 1988, during a RAMA UFO at the Chilca dessert in Peru, both Rebeca and I and over 50 of the group members saw several UFOs very up close. A mother ship then beamed down in front of me a neon bluish beam of light towards the ground which we call a “Xendra”, a multi-dimensional portal. I then went through the "Xendra" which can be explained as a paranormal effect consisting of passing into another dimension. When I entered this beam, I saw was a blue kaleidoscope on the ground. Suddenly a beam of bright white light came from nowhere at a 45 angle and the Holy grail appeared in front of me. Immediately after, 12 light beings came out from this same light, one at a time. They were 12 bearded monks dressed in brown robes all with a rope tied around their waists. As each descended from this light, each stopped and look at me before stepping away. A few years later (in Mt. Shasta California) during another RAMA event, I was told that these monks were the guardians of the Holy Grail.”*

Alberto has discussed with me many encounters with men dressed in monks robes or white tunics. Some had beards, some had no hair, and were very tall and muscular and one time he had an encounter with a being that looked like a Nordic, also described as a PLEIADIANS, dressed in a tight blue outfit with blond to light grey hair. Almost all of these beings were human looking beings that appeared to him the majority of the time next to him while he was watching TV or while he was in his bed. Alberto also emphasized that all of these experiences were while he was awake, while he was fully conscious. He repeatedly has told me that he does not remember any of his dreams and that unless he can see it with his own two eyes he does not believe an experience.

One time Alberto was sitting on his living room couch when a very tall and muscular human looking being, about 7 feet tall, with a beard, dressed some kind of white tunic, appeared to him and communicated with him telepathically. The being informed him that he had been trying to research what was it like after death. The being told him that he was going to show him what it was like immediately after human death. Alberto then had what is typically called a Near Death Experience. He found himself floating above his body, who was frozen in time in the living room below him. He then appeared in a long tunnel and was racing toward a bright light who got bigger and bigger. The being then stopped him from entering the bright light but told him that when he is

dead, he was instructed to go through the bright light and not to stop. Alberto then found himself back in his living room but the 7-foot-tall human looking being was gone.

Needless to say, after Alberto was bombarded with weekly paranormal contact experiences that were so diverse and with many different types of human looking beings, and many other UAP and spiritually related experiences involving a Haitian shaman friend that both he and Rebeca interacted with for many years, Alberto became deeply spiritual, a knower and not believer, that there is a GOD, that these entities are “Messengers of GOD” and that he in fact an eternal spiritual being. Both Alberto and Rebeca attend weekly spiritual meditations sessions and attend as many spiritual and RAMA events all over the world as permitted.

### **Case # 3: Debra Kauble. A Factory Worker from Indiana.**

Now let us consider the experiences of Debra Kauble. Debra is a mother 4 and a grandmother of 8. She works in an Indiana factory repairing circuit boards of GM cars. She is a member of MENSA and hosts a paranormal radio show. Some of the readers may know her as ‘Kathy Davis’, the experiencer from the Budd Hopkin’s book *Intruders*. I have spoken to Kathy over the phone and via Skype and I find her to be one of the most unpretentious, genuine, and insightful people I have ever met. To know more about her experiences, you must read the book, but I want to share with you where she is now regarding the things that have happened to her. Similar to 38% of the contact experiencers in the FREE survey, Debra initially viewed her initial contact experience from June 30, 1983 as mainly negative and traumatic. Now, more than 30 years later, just like over 95% of the survey experiencers, Debra now states that her experience have totally transformed her in a positive way and she is a deeply spiritual person. Her experience reflects the same pattern as the vast majority of the Experiencers that took the FREE survey-- a total transformation of their entire personality and world view for the positive.

Debra states that on June 30, 1983 she died and that the new Debra was born. Here is a brief summary of this initial traumatic experience which lead, over a long period of time, toward her transformation. On the night of June 30, 1983, Debra believed an intruder had entered her home. Her mother was at home as well. All of a sudden, she felt that her body was on fire and she ran out. She then felt that a she was hit on her chest and her entire body started to vibrate and she became paralyzed. As her vibration slowed down, she was blinded by an intense light. Slowly she began to move on the floor and was able to see a soft white ball of light the size of a basketball slowly move up and down. She saw that she was on the concrete patio in her back yard. She then saw 5-6 small beings which to her looked like children even though her vision was extremely blurry. These children then grouped into a line and then she saw a small egg-shaped craft, about 10 feet tall and 8 feet in diameter. Even though it was impossible, she saw these beings enter the craft. She then heard her name being called and turned and walked

toward the porch steps. It was her mother that had called her. It was only a few days later that her mom recalled that she had seen a UFO in the back yard after seeing her back yard burned in a round shape.

Like so many respondents to our survey discussing their initial contact experience, Debra became very depressed, emotional, and traumatized. She was diagnosed with what she calls “Post Traumatic Depression.” She stated that she had a nervous breakdown, she could not sleep at night only in the day, and she got very sick caused by constant panic attacks. This pattern lasted for many years. Eventually over time, she began to digest her experiences. She began to recall and to have new paranormal experiences. She began to be involved with paranormal communications with ghosts and spirits and believes that she and her sister have empathic gifts. She now states that while her initial experience from 1983 was traumatic, this experience was also highly beneficial to her. Just like the vast majority of the FREE Board members she believes that the paranormal is connected with these UAP related NHI. In addition, she also believes that Angels, ghosts, and spirits are also somehow connected to the beings that visited her. The result is that after almost 30 years, she is now a deeply spiritual person. Listen to her own words.

**In response to an email where she was asked if her contact experiences with NHI had changed her spiritually, Debra responded:**

*“That would be a great big YES! My name is Debbie Jordan Kauble but most people know me as Kathy Davis from Budd Hopkins’s book, Intruders. I have always said that the night of June 30, 1983, Debbie died and I was born, or reborn if you will. From that point on, something in my mind and in my heart opened up. I began to realize the connection I had with ALL life; All life EVERYWHERE (emphasis Debra’s) I began to realize what I was and what we really are. I am not a human on a spiritual journey, I am a spirit on a human journey. All these thoughts and feelings came flooding in. It was at this time that I also began to realize what death was to me, and I began my adventures into paranormal research; connecting with the “other side.” And not just people who have passed but also other dimensions and times. I realize it may sound crazy. “God” as a being splintered into an infinite number of shards of light and each life form is a beautiful manifestation of that light. That life light is each of us. ALL living things. EVERYWHERE”.*

*“I was raised by a Catholic dad and a Protestant mom, neither went to church. I had the basics of Christianity and went to various churches with different school friends as a kid. I would have always said I believed in God and that Jesus was who he said he was, and that my relationship with them was nobody’s business, and I don’t take direction or judgment from any man (like the Pope). I was sassy and strong willed (still am).*



*Just wanted to share that with you and would be curious to see if anyone else felt this too”.*

*Sincerely, Deb Kauble*

#### **Case # 4: Carol. Retired English Teacher**

Carol is a retired English teacher from Alabama. Similar to Rey, Alberto, and Debra, Carol is now deeply spiritual, explores spiritual topics and is constantly researching various issues associated with Consciousness Studies. Before her initial experiences, these were not issues that interested her. This is her story in her own words:

*“By the mid -1980s I had moved away from the fundamentalist ideas I had been taught as a child to a more abstract concept of God. Still, on this morning I sat on my bed and flippantly asked about this Jesus Christ. What kind of power does he have? Immediately a flash of lightning hit the inside of my head with such force that I almost fell back. My mind filled with a vision of floating angels, in the white robed traditional garb, singing songs of praise. My mouth moved involuntarily and I began to utter the most beautiful psalms and praise to God, and I knew while this was happening that I could not possibly compose these words. They were not coming from me. Then another vision filled my head. There were two rows of beings in vertical lines to the left and the right, standing as if they were at attention. They wore what looked like the short, armored outfit of a roman gladiator. I felt myself walking through the middle of the two rows going up the flanks. The vision, however, abruptly stopped; and for the next 30 years I would refer to these beings as warrior angels and I constantly searched to get an understating of what they were.*

*Meanwhile, the morning of strangeness had not finished. I jumped off the bed, chastising myself for being so impudent, so disrespectful. I grabbed my tennis racket and headed for a nearby court. I was by myself practicing my serve. My racket was in the back scratch position when another bolt of lightning flashed through my brain, and for no reason I began to cry uncontrollably for the next three hours. Also, for the next three days or so I became remarkably psychic but it didn't last long. I knew this to be a “quickening” of some sort and remained silent about it all.*

*However, this event caused me to go through a phase of devotion that I never experienced for about a year, and truthfully, I wish I could get it back. It took thirty plus years to finally get an inkling of what these “warrior angels” could possibly be. I was walking in my neighborhood when I met a couple of Latter Day Saint missionaries, the two young men no older than their early twenties, who had been canvassing the neighborhood. I have no idea what prompted me to tell them*

*about the “warrior angels,” but one of them, without hesitating said, “Those are the Watchers.”*

*Yes, the Watchers. Wasn't there an ET book by that name? I left the boys quickly but they found my house anyway. However, in the course of their visit I was able to examine some of the Latter Day Saint writings. I actually came across the “warrior angels” or “Watchers” in one of their writings. The writer did not use those terms, but it was a description of a vision exactly like mine. This is what was said about the vision: it is the path of a mystic”*

This is a fascinating narrative the Carolyn provides us with, yet there is more. Carolyn provides us with a second experience and what make this one so unique is that prior to this second story, Carolyn had no interest in science fiction or ufology. It reminds me of my contact experiences because prior to my contacts, I too had no interest in science fiction or the study of UFOs. I had never even watched a Star Wars film or Star Trek until many years into having contact. It simply didn't interest me. Carolyn goes on to say:

*“This event occurred around the early 1990s or perhaps late 1980s. I must first explain that even though I had many flashes of images and memories of an extraterrestrial nature from childhood, these images would fade into a cloudy part of my brain so that I would not think about them. Sometimes, when my mind drifted toward those things, a hypnotic voice would say “Don't think about it...Don't think about it,” and I simply wouldn't. It all disappeared into some fog. So when I say that I took no interest in “aliens”, at the time, hard to believe but true, I truly didn't.*

*However, there was a fellow that my husband and I met who amused us with all kinds of strange stories, and he got his information from a UFO convention. At the time, my husband and I enjoyed Star Trek, so when we learned that there was a UFO convention in Gulf Breeze, Florida we decided to explore the panhandle and check out the convention while we were there... and check out the crazy people. The morning of the trip, I packed and ironed my husband's shirts. As I was pressing down on a stubborn, wrinkled collar, a voice filled my head. It was loud, determined, forceful, and it would let up. “Who are you? Who are you?” I felt as if I was being shaken, roughed up to get something out of me from the very core of my being. “Who are you?” I had to say something and I came out with them ridiculous statement straight out of Marvel Comics. “I am the keeper of the flame.” “Keeper of the flame, you belong to us,” the voice responded in a more paternal tone. The next thing that I remember is that three hours later we were barreling up 175, headed north at about, 75 miles an hour.*

*I did not sleep. I never do when someone else is driving. But I blinked. I was in the presence of a creature with big black eyes who seemed to float closer and closer to me until we were eye ball to eye ball. At the next moment, I was there in the passenger seat still speeding up the highway. I never told my husband about this or the voice during ironing. It all just settled into that foggy place in the back of my heard that I didn't question. The convention lobby was filled with Whitley Streiber's Communion, and there was that same creature on the front cover who had closed in eyeball to eyeball.*

*After that, everything moved from that foggy back of my mind to crystal clarity. I remembered everything. I could connect the dots. On that day, someone had carefully orchestrated a great realization within me. From then on I knew myself to be a contactee with something important to say. I pursued spirituality, psychic development, mediumship, remote viewing, everything dealing with consciousness. In one day, someone pulled me off one life path on to another. Someone decided I was ready.*

In a phone conversation with Carolyn before writing this section, she told me that she felt as if a fog had lifted after this experience as she began to see images from the past and remembered her contacts when she was a little girl. Yet she now says that she has moved on from the study of ufology to primarily consciousness studies. At the beginning of her narrative Carolyn mentioned "The Watchers." Apparently, these beings have been involved with the history of our planet for thousands of years. They are mentioned by name in The Book of Enoch in chapter 12 verses 2, 4, and 5. These beings are also mentioned in the Apocryphal Old Testament book entitled, The Book of Jubilees, where a more detailed version of the Genesis story of Adam and Eve is being told. For the record, the word apocryphal means of doubtful authenticity, however when reading these stories, one begins to get an uneasy feeling as to why these books never made it into the biblical cannon. You research and be the judge.

Last, but definitely not least, author and researcher Raymond Fowler, working with the famous experiencer Betty Andreasson, has written two books about these beings. The first is titled, The Watchers, and the second volume is appropriately titled, The Watchers 2. It must be noted that Betty Andreasson is a devout Christian and her interpretation of her encounters reflect the perspective and theology of her faith tradition. This is not a critique but merely a note to those who will read her story notifying those readers that this is the lens from which she views her contactee experiences.

Just like Rey Hernandez's wife, there are many experiencers who have maintained their Christian religious faith, and have incorporated their faith into their contact experiences. Then there are those experiencers who have found that the traditional Christian story does not resonate with them once they have had contact with non-human intelligences. To my mind there is really no conflict in this for it is more about how one

begins to trust in the benevolence of a Universal consciousness and lives one's life as opposed to what one believes.

This is a subtle but paradigmatic shift from one system of egocentrism, material values and beliefs to another one where the universal interconnectedness of life and the natural flow of conscious connection and interconnected outcomes are all inseparable from the truth inherent in one living one's life in a simple, patient, respectful, loving and compassionate way. One is known not by what one says, but how one acts and behaves. Ultimately one will know what another believes by how one treats other "people", human beings and the planet. In short, how you live your life will speak volumes, or as a wise rabbi once noted, "By their fruit, you shall know them." (Matthew 7: 15-20).

As I write, it is also worthy of note a wonderful book by the late Brad Steiger who has been in the trenches of UFO and Paranormal research for over 50 years. One of the first books I read after my initial contact experiences was Mr. Steiger's book, *The Fellowship*. It is an excellent work about the spiritual contact between human beings and Non-Human Intelligences. I recommend it highly. In the very first chapter of the book, Mr. Steiger had this to say about the "fellowship" that contactees or experiencers have with what he labels as "space intelligences."

*"UFO contactees are men and women who claim to receive messages, advice, or instruction from the occupants of spaceships, or flying saucers. I have been studying such men and women since 1967. With their emphasis upon spiritual teachings being transmitted to earth by Space Beings, these UFO prophets have not only brought God physically to this planet, but they have created a blend of science and religion that offers a theology more applicable to modern human kind."*

Wise insights indeed as Albert Einstein once wrote in an essay entitled "Science and Religion" published in 1954, that "*science without religion is lame, and religion without science is blind.*"

## Conclusion

Now there are many who may say that one of the difficulties when reading or studying this phenomenon is that it is so subjective. Yes, that is true; and yet so many individuals are reporting the same experiences. Yes, the high strangeness of it all as well as the subjectivity of the experiences can be mind boggling to say the least. We are being challenged to redefine what reality is and what it means. Yet eventually the question becomes, how do we best prepare ourselves for the open presence of non-human intelligences contacting us?

First of all, a fearful population is a controlled population. A confused population is also a controlled population. With all of the misinformation and distortion found in ufology today, the entire field becomes so scrambled that no one anywhere is able to put together a meaningful total overview. No mass confusion occurs by chance. So therefore, we must ask ourselves why there has been so much concentrated effort to keep people off balance and confused---control of information. There are people who have much to lose should the entire truth of what is going on in our skies becomes common knowledge. So the question remains, how do we prepare ourselves for these non-human intelligence?

Certainly not by stockpiling nuclear weapons, after all we most certainly don't want to appear rude to our guests. We most certainly don't want to react from the fear that is destroying our planet at this very moment. Instead, let us draw upon the best inspiration and leadership that our wisest philosophers, our most revered religious leadership, our great progressive scientific minds, and the global political leadership that perhaps the United Nations can provide. It should not be left up to governments, whether they are democracies or dictatorships, to make our choices for us. We do not want to squander this opportunity.

After hearing the messages from people who have been contacted how do you feel after hearing these messages? Does anything that you have read or heard about tell you anything about the intelligences who have brought the messages to us? Do you agree with these viewpoints or are they foreign to you and the way you choose to see life and the world?

Many of these experiencers serve as reminders to our planet. One of those reminders is that there are as many paths to God as there are people who walk those paths. There have been many Saints, Prophets, and Avatars, who have been sent to our planet to raise human spiritual consciousness down through the centuries. Because of the nature of human oral and written history, it is difficult to say whether or not all of them are Non-Human Intelligences, yet one thing is certain. The message of oneness can be traced throughout humanities religious and spiritual quests, it's just that we don't live it out very well as a collective. Perhaps that will change. Indeed, it is my sincere hope and prayer that it will.

Human evolution is slow and tedious at times. But look at where we are in our evolution that a book like this can be written and taken seriously. There was a time when a book like this would not be received well at all, much less written. Yet Victor Hugo was correct when he said that nothing is as powerful as an idea whose time has come.

A characteristic of any message of great import is that its truthfulness (or lack thereof) can be discerned by the inner resonance with what you already know to be true. Is the information worthy of your consideration or does it sound harsh, deceitful, or self-serving? We feel that it is best that you judge for yourself. Our evaluation is obvious

from what is written here. Yet one thing is for certain. We must prepare and be on our best behavior---for we have Visitors!

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**Bio:** Rev. Michael J. Carter is an ordained Inter-faith minister and received his BA Degree in Letters from the College of New Rochelle where he graduated cum laude. He received his Masters of Divinity Degree from Union Seminary in New York City (class of 2000). While serving various Unitarian Universalist Congregations in New York, Michael was trained as an anti-racism trainer and has been recognized by President Clinton for his efforts. Rev. Carter now serves as the minister for Unitarian Universalist Congregation of The Swannanoa Valley, in the beautiful mountains of Western North Carolina. A long-time UFO contact experiencer, he lectures extensively on the topic of Religion/Spirituality and the paranormal Contact Modalities. He has appeared on the Sci-Fi Channel's Steven Spielberg's production of Abduction Diaries, The Real 4400, and is a frequent guest consultant on The History Channel's production of Ancient Aliens, and UFO's The Hidden Evidence which currently airs on The Travel Channel. Rev. Carter's books are entitled, *Alien Scriptures: Extraterrestrials In the Holy Bible A New World If You Can Take It; God, Extraterrestrials and The Evolution of Human Consciousness; Consciousness: A 30 Day Meditation Manual To God Centered Thinking*, and *The Metaphysics Of Spiritual Healing and The Power of Affirmative Prayer*. His latest book, *Initiation: The Spiritual Transformation of the Experiencer* was published in August of 2021.

**Website:** <https://www.facebook.com/profile.php?id=100069894045128>